

# Hiking for Cub Scouts

*The Cub Scouts program requires that most ranks prepare for and complete a hike.*



## Lion Adventure: Mountain Lion

1. Identify the Cub Scout Six Essentials. Show what you do with each item.
2. With your den, pack, or family, take a walk outside spending for at least 20 minutes exploring the outdoors with your Cub Scout Six Essentials. While outside, identify things that you see with your Lion adult partner that are natural and things that are manmade.
3. Discover what S.A.W. means.
4. Identify common animals that are found where you live. Separate those animals into domesticated and wild.



## Tiger Adventure: Tigers in the Wild

1. Identify the Cub Scout Six Essentials. Show what you do with each item.
2. With your den leader or Tiger adult partner, learn about the Outdoor Code.
3. With your den, pack, or family, take a walk outside spending for at least 20 minutes exploring the outdoors with your Cub Scout Six Essentials. While outside, identify things that you see with your Tiger adult partner that are natural and things that are manmade.
4. Identify common animals that are found where you live. Learn which of those animals is domesticated and which animal is wild. Draw a picture of your favorite animal.
5. Look for a tree where you live. Describe how this tree is helpful.



## Wolf Adventure: Paws on the Path

1. Identify the Cub Scout Six Essentials. Show what you do with each item.
2. Learn about the buddy system and how it works in the outdoors. Pick a buddy for your walk.
3. Identify appropriate clothes and shoes for your walk outside. Do your best to wear them on your walk.
4. Learn about the Outdoor Code and Leave No Trace Principle for Kids.
5. With your den, pack, or family, take a walk outside for at least 30 minutes to explore nature in your surroundings. Describe four different animals, domestic or wild, that you could see on your walk.



## Bear Adventure: Bear Habitat

1. Prepare for a one-mile walk by gathering the Cub Scout Six Essentials and weather appropriate clothing and shoes.
2. "Know Before You Go" Identify the location of your walk on a map and confirm your one-mile route.
3. "Choose the Right Path" Learn about the path and surrounding area you will be walking on.
4. "Trash your Trash" Make a plan for what you will do with your personal trash or trash you find along the trail.
5. "Leave What You Find" Take pictures along your walk or bring a sketchbook to draw five things that you want to remember on your walk.
6. "Be Careful with Fire" Determine the fire danger rating along your path.
7. "Respect Wildlife" From a safe distance, identify as you look up, down, and around you, six signs of any mammals, birds, insects, reptiles.
8. "Be Kind to Other Visitors" Identify what you need to do as a den to be kind to others on the path.
9. Go on your one-mile walk while practicing your Leave No Trace Principles for Kids.



## Webelos Adventure: Webelos Walkabout

1. Prepare for a 2-mile walk outside. Gather your Cub Scout Six Essentials and weather appropriate clothing and shoes.
2. Plan a 2-mile route for your walk.
3. Check the weather forecast for the time of your planned 2-mile walk.
4. Review the four points of Scouting America SAFE Checklist and how you will apply them on your 2-mile walk.
5. Demonstrate first aid for each of the following events that could occur on your 2-mile walk: blister, sprained ankle, sunburn, dehydration and heat related illness.
6. With your den, pack, or family, go on your 2-mile walk while practicing the Leave No Trace Principles for Kids and Outdoor Code.
7. After your 2-mile walk, discuss with your den what went well and what you would do differently next time.

## Arrow of Light

This rank does not have any specific adventures that require a hike. However, there are adventures with requirements that can be worked on while on a hike:



**Personal Fitness**



**Into the Wild**



**Into the Woods**

*Be Safe. Explore. Have Fun!*

### Cub Scout Six Essentials

✓ Filled Water Bottle

✓ Small First Aid Kit

✓ Whistle

✓ Flashlight

✓ Sun Protection

✓ Trail Food

### Outdoor code

As an American, I will do my best  
to be clean in my outdoor manners,  
be careful with fire,  
be considerate in the outdoors,  
and be conservation minded

### Leave No Trace Principles

1. Know Before You Go
2. Choose The Right Path
3. Trash Your Trash
4. Leave What You Find
5. Be Careful With Fire
6. Respect Wildlife
7. Be Kind to Other Visitors